

ActiGraph Sleep Report

Name: PD124

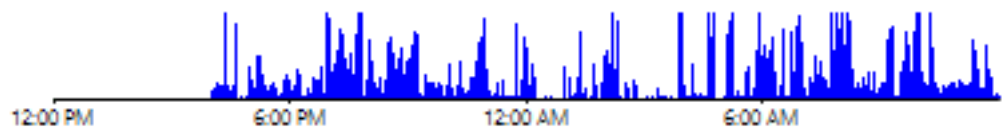
Data Start: 6/13/2019 4:00:00 PM

Data End: 6/27/2019 8:06:00 AM

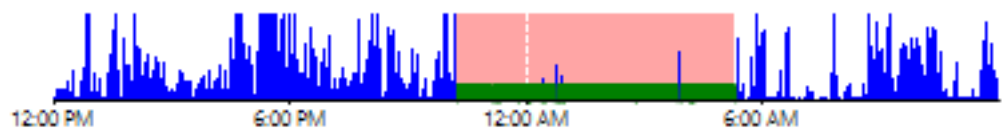
Weight: 104 kg

Device Serial: TAS1H11190090

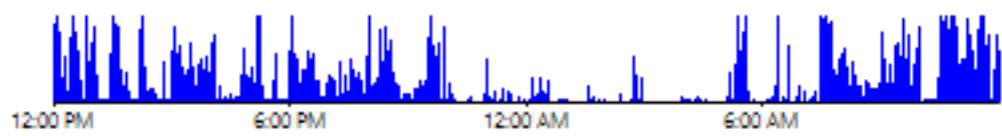
6/13/2019



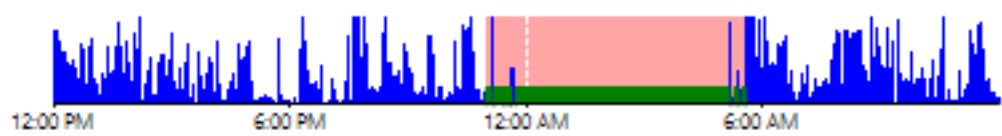
6/14/2019



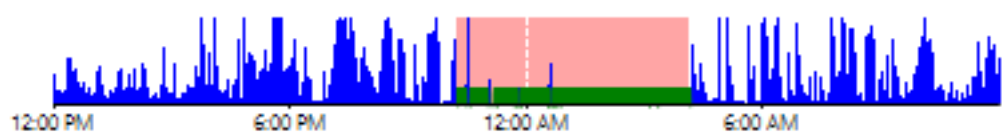
6/15/2019



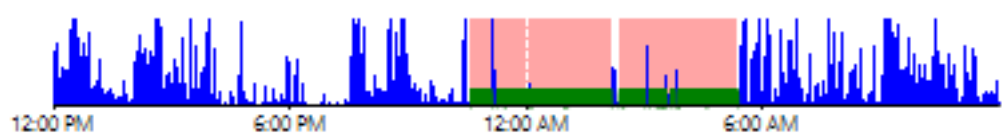
6/16/2019



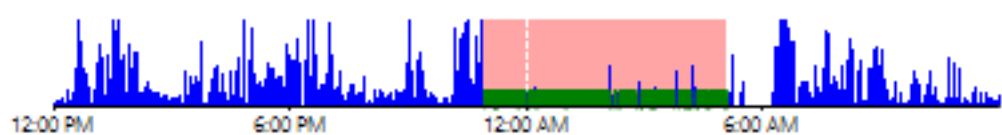
6/17/2019



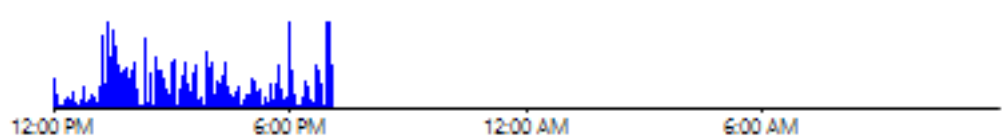
6/18/2019



6/19/2019



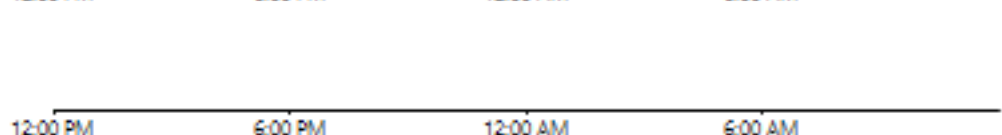
6/20/2019



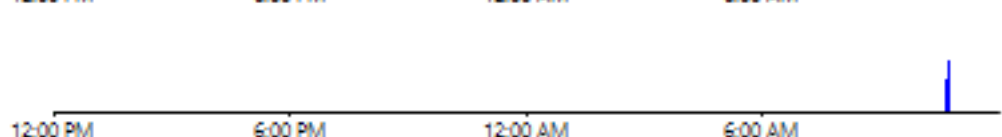
6/21/2019



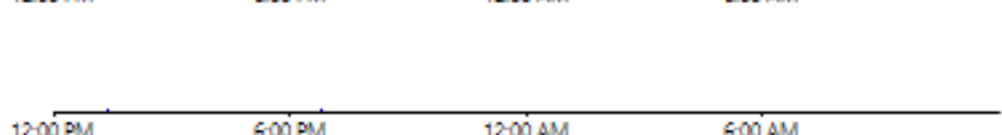
6/22/2019



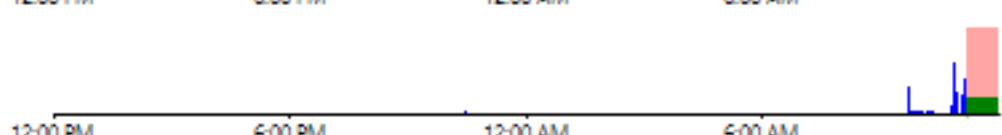
6/23/2019



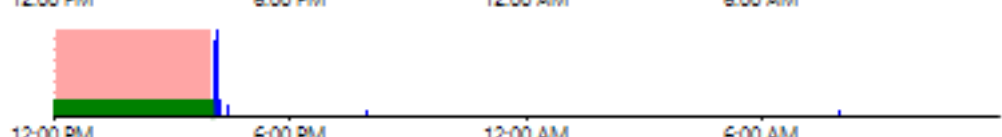
6/24/2019



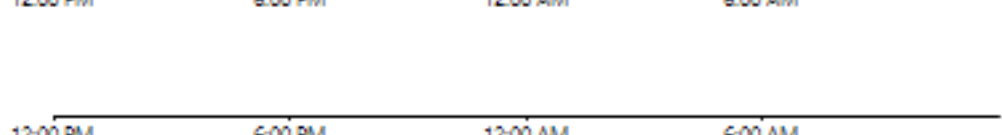
6/25/2019



6/26/2019



6/27/2019



Sleep Period Breakdown

Sleep Algorithm Used: Cole-Kripke

In Bed	Out Bed	Latency (min)	Efficiency	Total Time in Bed (min)	Total Sleep Time (TST) (min)	Wake After Sleep Onset (WASO)	# of Awakenings	Avg Awakening (min)
6/14/2019 10:15 PM	6/15/2019 5:18 AM	0	92.43%	423	391	32	18	1.78
6/16/2019 10:58 PM	6/17/2019 5:33 AM	0	91.65%	395	362	33	6	5.5
6/17/2019 10:16 PM	6/18/2019 4:09 AM	0	89.8%	353	317	36	13	2.77
6/18/2019 10:36 PM	6/19/2019 2:09 AM	0	91.55%	213	195	18	6	3
6/19/2019 2:21 AM	6/19/2019 5:22 AM	0	84.53%	181	153	28	10	2.8
6/19/2019 10:57 PM	6/20/2019 5:05 AM	0	81.52%	368	300	68	23	2.96
6/26/2019 11:11 AM	6/26/2019 4:02 PM	0	100%	291	291	0	0	0
12:56 AM	6:14 AM	0	90.21%	317.71	287	30.71	10.86	2.83